



## RESEARCH INTO PSYCHOTROPIC DRUGS AND DRUG USE AMONG OLDER PEOPLE

Program for the third Nordic Pharmacoepidemiological Network (NorPEN) meeting in Kuopio 16-18 March 2010

### Arriving and departing from Kuopio

**To and from the airport:** There is a bus to and from the airport before and after each Finnair flight except the earliest and latest flights. The bus arrives/departs from the Kuopio city centre, Sokos Hotel Puijonsarvi and Scandic Hotel Kuopio. The bus trip takes approximately 20 minutes and costs 5 Euros. The taxi trip to or from the airport to the Kuopio city centre or Sokos Hotel Puijonsarvi costs approximately 30 euros.

**Congress Venue:** Medistudia, Kuopio Campus, University of Eastern Finland. The Campus is situated on Savilahti Bay, near the University Hospital, about 2 kilometres from the Kuopio city centre. Local buses 4, 16, 21, 23 and 48 from the Kuopio City Centre stop at the university bus stop. The taxi trip from the Kuopio city centre or Sokos Hotel Puijonsarvi to the Campus costs approximately 8-10 Euros. Medistudia is the name of one of the buildings at the Campus. Volunteers will be at the Campus from 13.00 on the arrival day to help you find the congress venue. There is also a Campus map available online at: <http://www.uku.fi/english/maps/campusmap.shtml>

**Congress hotel:** Sokos Hotel Puijonsarvi, Minna Canthin Katu 16, 70100 Kuopio  
Ph: (017) 1922 000, Fax (017) 1922 001, <http://www.sokoshotels.fi/hotellit/kuopio/>  
Single room 89 €/night/room, Twin room 109 €/night/room  
The rate includes the accommodation, buffet breakfast and guest sauna

Please indicate you are part of the NorPEN delegation when you book otherwise you may not receive the discounted room rate. If you book your accommodation online then please indicate you are attending the NorPEN meeting in the free text field.

### Program

#### Tuesday 16.03.10

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| 13.00       | Registration - w/coffee and tea.<br>Medistudia, University of Eastern Finland<br>Poster presenters to hang posters |
| 14.00-14.10 | Welcome and introduction - Sirpa Hartikainen & Simon Bell  |
| 14.10-14.30 | Plenary lecture I – Drug research among older people: challenges & opportunities – Sirpa Hartikainen               |
| 14.30-15.30 | Short oral presentations (10 mins per presentation) – Chairs: Marja-Liisa Laitinen & Jenni Ilomäki                 |

- 15.30-16.15 Break w/coffee and tea & poster walk (5 minutes per poster) – Chair: Sirpa Hartikainen
- 16.15-17.15 Short oral presentations (10 mins per presentation) – Chairs: Katri Aaltonen & Heidi Taipale
- 18.00-19.00 NorPEN steering committee and advisory board meeting  
Sokos Hotel Puijonsarvi, Minna Canthin Katu 16, Kuopio
- 19.00 Bus departs Sokos Hotel Puijonsarvi
- 19.30 Dinner at Lumberjack's Lodge at Rauhalampi & World's biggest smoke sauna (2 towels will be provided per participant for sauna, swimming suit required for ice-swimming)
- 22.00 Bus returns to Kuopio City Centre and Sokos Hotel Puijonsarvi

### **Wednesday 17.03.10**

- 09.00-09.30 Plenary lecture II - International models of medication management review –  
Medistudia, University of Eastern Finland  
Simon Bell, University of Eastern Finland
- 09.30-10.00 Plenary lecture III – Measuring adherence and persistence using prescription registers - Rob Heerdink, Utrecht University, The Netherlands
- 10.00-10.30 Break w/coffee and tea
- 10.30-11.30 Parallel workshops I  
a. What outcomes should we measure in older people? Chairs: Tischa van der Cammen, Erasmus University, The Netherlands  
b. Statistical methods to assess adherence and persistence. Chairs: Rob Heerdink & Helga Gardarsdottir, Utrecht University, The Netherlands
- 11.30-12.00 Discussion related to workshop I
- 12.00-13.00 Lunch at Mediteknia
- 13.00-14.00 Plenary lecture IV – Cancer epidemiology and register-based research – Eero Pukkala, Finnish Cancer Registry, Finland
- 14.00-14.30 Break w/coffee and tea
- 14.30-15.30 Parallel workshops II  
a. Indicators of medication appropriateness in older people. Chairs: Eva Lesén & Anders Carlsten  
b. Methodological challenges in register-based epidemiology. Chair: Eero Pukkala
- 15.30-16.00 Discussion related to workshop II
- 17.00-18.30 NorPEN Skating Challenge  
Participants representing each Nordic country will compete in a 2km skating race on Lake Kallavesi (skate and ski pole hire available, participation voluntary)

Organizers: Kaija Komulainen & Jouni Ahonen

19.00-20.00 NorPEN steering committee and advisory board meeting  
Sokos Hotel Puijonsarvi, Minna Canthin Katu 16, Kuopio

20.00 PhD student networking event and Steering Committee Dinner. Organizers:  
Maria Rikala & Pasi Lampela

**Thursday 18.03.10**

09.00-09.30 Plenary lecture V – Drugs and falls  
Medistudia, University of Eastern Finland  
Eija Lönnroos, University of Eastern Finland

09.30-10.00 Plenary lecture VI – Drugs and bones – Tischa van der Cammen, Erasmus  
University, The Netherlands

10.00-11.00 Break w/coffee and tea & poster walk (5 minutes per poster) – Chair: Simon Bell

11.00-11.45 Short oral presentations (10 mins per presentation) – Chairs: Piia Lavikainen &  
Hanna Uosukainen

11.45-12.00 Presentation of 4<sup>th</sup> NorPEN Meeting

12.00-12.15 Closing remarks – Sirpa Hartikainen & Max Petzold, Nordic School of Public  
Health, Gothenburg, Sweden

12.15-13.00 Lunch at Mediteknia